



Lunch & Learn Workshop Series 477 LMX (noon-12:50pm)

Comprehensive School Health Cohort
Faculty of Education

uottawa-comprehensive-school-health.ca

Monday, January 30:

Visual Art & Radio for Children and Youth

Presenters: Stephanie Sears & Christopher Nixon

Monday, February 13:

Indigenous in the City

Presenter: Andrea Young

Monday, February 27:

Daily Physical Activity (DPA) in the Classroom

Presenters: Katie Lowry and Jennifer Pereira

Monday, March 12:

Meditation in the Classroom

Presenter: Netta Rotstein

For more information, visit the CSH website:
uottawa-comprehensive-school-health.ca

Interested in healthy schools?

Learn from cohort members who are acting as champions for Healthy Living, Healthy Relationships and Healthy Environments in schools, in their teaching practice, and in their personal lives.

What is CSH?

The conceptual framework of Comprehensive School Health that informs uOttawa's teacher education cohort and research team is organized by the following three pillars: Healthy Living, Healthy Relationships and Healthy Environments.